

The Orchard Daventry, Northampton



Our Support

At The Orchard we provide support for six people with complex Mental Health needs or who may have a dual diagnosis of Mental Health and challenging needs associated with their Learning Disability. We support people to develop their own strategies and skills to become as independent as possible. We help individuals work towards the goals they have set, however big or small these may be, assisting them in developing confidence and self-esteem. We recognise that everyone is different, so we adapt our support to suit each person's needs. With the right support we feel this environment will help individuals to gain greater independence and more control over their own lives.

Our Approach

Our approach is to empower the people we support, building trust and focussing on skills development and re-enablement. We work alongside individuals to help them build their future and increase personal empowerment. We support people to access training, volunteering, education and where possible employment opportunities. Everyone is encouraged to engage in their local community and learn and practise new skills and supported to rediscover skills which may have previously been lost. Our approach offers people access to college, travel training and leisure activities.

Positive Outcomes

We have worked with individuals who have complex, long-term rehabilitation needs. We have successfully worked with individuals who have a Personality Disorder. We focus on the person, not the behaviour. We believe that with appropriate support, the impact of PD on the individual and their family and friends can be reduced.

Our aim is to improve everyone's social awareness skills which are further developed through accessing the community. We promote wellbeing and maximise each person's independence, by enabling them to develop coping techniques to manage their emotions and behaviour, within a safe and supportive environment. In 2018 we have already successfully supported two people to return home after coming to The Orchard for respite care.

"I know this is the right place for me. I have never felt so comfortable. I like the staff and the other people supported here. I am more settled in my head and my medication has been decreased since I came here. I get out more than I ever used to and I am proud with what I have achieved. My life started when I moved to The Orchard".

Meeting Complex Needs

We can support people who:

- Are stepping down from a forensic/secure or prison environment
- Are stepping down from a long stay hospital admission
- May be under section 7, 17, 25a, 37, 37/41, 117 of the Mental Health Act
- Are subject to a CTO (Community Treatment Order) or DoLS (Deprivation of Liberty Safeguards)
- Have a personality disorder
- Are subject to MAPPA (Multi-Agency Public Protection Arrangement)
- Have Learning Disabilities

We can provide support with:

- Social and recreational needs
- Vocational retraining
- Personal budget and finance management
- Travel training
- Skills development and re-enablement
- Building links with friends, family and the community
- Personal and health care needs
- Respite and Outreach support
- Access to independent advocacy
- Household tasks

Accommodation

The Orchard has five en-suite bedrooms and one studio apartment. There is a large communal kitchen with a conservatory, lounge and dining area. It is a traditional house with a modern extension built around a very pleasant courtyard and garden. The home has ground floor accommodation which enables access for people with physical disabilities. There is a self-contained studio apartment at the front of the home, with ground floor access. There off road parking to the front with wheelchair access and a split-level garden to the rear. The garden has a large, decked area to the side and is equipped for wheelchair access.

Additional Support

- We follow the Recovery Star Model of support
- We have our own clinical team of qualified Nurses and Behavioural Advisors
- We use the HCR-20 forensic risk assessment tool
- We focus on Mental Health relapse prevention
- We provide solution-based counselling



Positive Stories

“recovery and resilience”

Rachel’s* longest placement previously had only lasted two months. She had spent a lot of time in hospital settings and had found it difficult to adapt to life in the community. She had a history of self-harming and putting herself in potentially dangerous situations.

Since coming to The Orchard, the frequency and severity of these has diminished and when they do occur she feels better equipped to manage them. Rachel says living at The Orchard has enabled her to grow and improve her self-esteem. She has benefited from a consistent, open and honest approach from staff.

Rachel has become more confident in doing things for herself, she accesses the community daily. She has strong external friendships, and these are encouraged and supported by staff.

“building trust and accepting support to enable independence”

John* moved to The Orchard from a secure hospital setting. Due to his Mental Health needs he was wary around people and would not let others into his room. John was reluctant in accepting help. With the right support and encouragement, John began to trust people and this allowed him to build on his living and social skills. He has recently started his first job, as a volunteer in a local charity shop. John’s recovery has been so significant he is now in a position where he is going to move on to independent living and has even explored the possibility of gaining a mortgage to buy his own home.

* Name has been changed for confidentiality