

We Support STOMP

Stopping over-medication of people with a learning disability, autism or both



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Lakeside MDT have created a STOMP pack to use on admission to inpatient services, reviewed regularly at MDT and CPA. The pack is designed to guide clinicians to work with patients, families and carers to review and challenge the use of psychotropic medication for people with learning disability, autism or both. The roll out at Lakeside has started on a hub of 3 units.



The new process implemented is as follows:

- During pre-admission assessment and on admission when completing the medicines reconciliation checks Lakeside begin their soft challenges on medication
- At the post admission meeting where the Patient, MDT, family members/carers, care coordinators and commissioners are invited, the group begin to look more in depth at medication. They create a statement and plan for clear review timeframes as well as noting the concerns that any one has around medication.
- The STOMP self-assessment framework is completed either independently or with support
- Rating scales such as the Clinical Global Impression and Lunsers are completed at every MDT and CPA
- HONOS is completed monthly
- 1:1 sessions with both the named nurse and the RC occur regularly where part of the discussions include medication
- Greater emphasis on Positive Behaviour Support

Lakeside are making steps in the right direction whilst always identifying areas to improve on.

Our next steps for this year are:

- Training to be rolled out across the service for all levels of direct care staff and Allied Healthcare Professionals
- Greater SALT involvement in helping to create more meaningful and accessible information on medication, it's use and side effects
- Greater patient, family and carer involvement including packs being sent out in advance of meetings (where consent is given) to encourage feedback and give time to review information on medication
- For the rest of Lakeside to adopt the use of the STOMP packs



National development thought?...

We have regularly received feedback that even the 'easy read' versions of medicines information leaflets are too confusing... Should this be reviewed at a national level?

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