

Greenview Marston Green, Birmingham



Our Support

Greenview is an exciting new transitional Mental Health service, supporting eight people within their own individual studio apartments. We understand the importance of providing person-centred support which enables independence and meets individual's needs. Through our outcome focused approach, we support people to maintain choice and control of their own lives.

Transitional Support Model

This specialist support model offers people a carefully planned and risk managed independent pathway, within a residential setting. This model is proven to be successful in providing a rehabilitation, focused transition from residential services towards independence or community supported living services.

Progression Pathway - Studio Apartments

Our eight studio apartments offer a clear progression pathway, within a residential support setting. The pathway offers an opportunity for self-development and maximum personal growth, regardless of complex health and social care needs. The apartments provide a private space for staff to enable skill development or coaching sessions. People can trial independence in a setting which has 24 hour staffing available, to assist with development of their life skills. We feel that the creation of our semi-independent transition studio apartments, enables people who want to live more independently, take those first steps to greater independence within a safe, risk managed environment.

Our Approach

We recognise that everyone is different, so we adapt our support to suit each person's needs. We offer the right environment to enable mental and physical well-being. We support people to maintain their identity whilst we work with them to regain their self-confidence and start to manage their own Mental Health and relapse.

We focus on:

- Recovery and resilience
- Positive risk-taking
- Relapse prevention
- Personalisation
- Fostering confidence and self-esteem
- Enhancing quality of life
- Using creative and flexible approaches to engagement

"We are committed to delivering exceptional outcomes and enabling the people we support to be in control of their own lives and to live more independently."

Accommodation

Greenview is a newly refurbished property in the heart of the local community. It comprises of eight studio apartments. Six are in the main building and to maximise independence two self-contained flats with their own entrance, are located to the rear of the property, within the garden. All apartments are self-contained with en-suite shower rooms and kitchen/diner. Communal areas comprise of a spacious kitchen, dining area, quiet lounge on the first floor, bathroom and a laundry room. To the front of the property is a large parking area and to the rear is the garden.



Mental Health Relapse Prevention Plan

Each individual will have a Mental Health relapse prevention plan, which details early warning signs of relapse, following the traffic light system. Green showing everyday behaviours, Amber showing some sign of relapse and Red showing some concern of relapse. The plans have early warning signs and triggers, which are set with the individual and their Mental Health team. Using this process, staff get to know warning signs and early intervention can be implemented at the earliest opportunity.



Recovery Star Model

We use the Recovery Star Model, an outcomes-based measurement tool recognised by the Department of Health. By using the Recovery Star, we are able to support a person's recovery by measuring progress in areas including managing their Mental Health, enhancing living skills, building and maintaining social networks and building self-esteem to maximise independence.

Meeting Complex Needs

We can support people who:

- Are stepping down from a forensic/secure or prison
- Social and recreational needs environment
- Are stepping down from a long stay hospital admission
- May be under section 7, 17, 25a, 37, 37/41, 117 of the Mental Health Act
- Are subject to a CTO (Community Treatment Order) or DoLS (Deprivation of Liberty Safeguards)
- Have a personality disorder
- Are subject to MAPP (Multi-Agency Public Protection Arrangement)
- Have Learning Disabilities

We can provide support with:

- Vocational retraining
- Personal budget and finance management
- Travel training
- Building links with friends, family and the community
- Personal and health care needs
- Respite and Outreach support
- Access to independent advocacy
- Household tasks