

Cranwell Court Wyboston, Bedfordshire



Our Support

Cranwell Court supports seven people with Learning Disabilities, Autism and Mental Health needs. We provide meaningful support and encouragement and recognise that each person is an individual with differing needs. Our goal is to enable people to structure their time; build relationships and establish a balance between activities, self-care, work and leisure, as appropriate to their individual needs. We believe in empowering everyone we support by working with and not for and we use our experience to help people on their journey towards greater independence and a fulfilling life.

Our Approach

Our staff support each person to create a person-centred plan that tells us how they want to live their life now and in the future. Through a range of communication tools, we ensure that each person is closely involved in the development of their own plan.

Each person discusses their likes, interests, goals and aspirations with their Key Worker. These could include starting a college course, having a job, wanting to cook or just having the confidence to go to the shops. Staff support people towards achieving their goals. Our person-centred approach ensures the focus remains entirely on enabling the people we support to have the highest quality of life, choice, independence and happiness.

"At the heart of everything we do are the people we support".

Positive Outcomes

We recognise the importance of providing a person-led service and helping people to move progressively through their care pathway towards greater independence. Cranwell Court has a huge garden which is managed and maintained by a person we support. Another individual has obtained his NVQ Level 1 in Catering and has also been engaged in part-time voluntary work.

We are committed to enabling people to move on and step down to more independent models of support. We have recently supported two individuals to step down and move on to Supported Living.

Some examples of how we have supported people include:

- Working towards independence with personal care tasks
- Securing employment
- Skills building to manage money
- Travel training to gain confidence and independence
- Learning to stay healthy and exercising
- Support with medication and health appointments
- Discovering new hobbies, getting out and having fun!
- Accessing vocational training and work experience
- Managing correspondence and bills
- Building social skills and expanding social circles

Meeting Complex Needs

We can support people who:

- Have Mental Health needs
- Are stepping down from a long stay hospital admission
- Are under section 7, 17, 25a, 37, 37/41, 117 of the Mental Health Act
- Are subject to a CTO (Community Treatment Order) or DoLS (Deprivation of Liberty Safeguards)
- Have Learning Disabilities
- Have Autism or Asperger Syndrome

We can provide support with:

- Vocational retraining
- Personal budget and finance management
- Travel training
- Building links with friends, family and the community
- Personal and health care needs
- Respite and Outreach support
- Access to independent advocacy
- Household tasks

Our Clinical Support Team

Our experienced and well trained staff are supported by our Autism Advisor, Clinical Support Nurses, Communication Development Workers, Psychologists and Behavioural Advisors. Their role is to work collaboratively with staff to develop and review support plans and introduce proactive strategies. Working alongside our staff teams, they support people at times of extreme challenge or crisis. All therapeutic input is integrated into daily strategies or functional measured goals in line with the individual's aspirations.



Accommodation

Cranwell Court is located in a quiet village of Wyboston in Bedfordshire. This extensive refurbished property has five spacious en-suite bedrooms and 2 studio apartments. Communal areas consist of a lounge, dining room, kitchen, bathroom and large garden.

Transitional Support Model

This specialist support model offers people a carefully planned and risk managed independent pathway, within a residential setting. This model is proven to be successful in providing a rehabilitation, focused transition from residential services towards independence or community supported living services.

Progression Pathway - Studio Apartments

Our studio apartments offer a clear progression pathway, within a residential support setting. The pathway offers an opportunity for self-development and maximum personal growth, regardless of complex health and social care needs. The apartments provide a private space for staff to enable skill development or coaching sessions. People can trial independence in a setting which has 24 hour staffing available, to assist with development of their life skills. We feel that the establishment of our semi-independent transition studio apartments, enables people who want to live more independently, take those first steps to greater independence within a safe, risk managed atmosphere.



Positive Stories

David* has a diagnosis of Asperger Syndrome and challenging behaviours. With the right support David settled in well and over time began to manage his challenging behaviours. He learnt important life skills and how to access the local community safely. He is now self-medicating and has obtained his NVQ Level 1 in Catering. David is also working locally in a charity shop as a part-time volunteer. Last year David was employed by accomplish to work alongside the Quality team as a Quality Checker. David received training for his new role which included auditing skills, safeguarding and confidentiality. He was then buddied up with an experienced auditor. His role is particularly valuable to accomplish in conducting cultural audits and viewing the service through his eyes of someone who receives support. This employment opportunity has given David the confidence in his own skills and has given him valuable work experience.

David says "Being a Quality Checker has given me purpose. I am so much more confident now in myself. I really enjoy the work and feel I am making a difference".

* Name has been changed for confidentiality