

Cornwall Supported Living



About us

Our specialist Supported Living and Outreach service in Cornwall, provides support for people with Learning Disabilities, Autism, Mental Health needs and Acquired Brain Injuries.

We understand the importance of providing person-centred support which enables independence and meets individual's needs. Through our outcome focussed approach, we support people to maximise choice and control in their own lives.

We meet with each person referred and their family so that we can develop a strong understanding of their life story, any support or communication needs and their personal aspirations. We work in partnership with Local Health Professionals such as social workers, community nurses, and specialists such as Speech and Language Therapists, Physiotherapists and Occupational Therapists.

Person Centred Planning

Our staff support each person to create a person-centred plan that tells us how they want to live their life now and in the future. Through a range of communication tools, we ensure that each person is closely involved in the development of their own plan.

Some examples of how we have supported people include:

- Working towards independence with personal care tasks
- Skills building to manage money
- Travel training to gain confidence and independence
- Learning to stay healthy and exercising
- Support with medication and health appointments
- Discovering new hobbies, getting out and having fun!
- Accessing vocational training and work experience
- Managing correspondence and bills
- Building social skills and expanding social Circles
- Access to independent advocacy

"We support people to gain confidence while living happy and fulfilled lives."

Our supported living service provides bespoke packages of up to 24-hour support, including overnight support when needed. This can be provided within the family home or a person's own supported tenancy.

Quality

We are passionate about quality and we specialise in supporting people to achieve their full potential. Through empathy, belief and market leading training our focus is to bring out the amazing in everyone. Our commitment to quality is shown in everything we do and every decision we make. We enable people to make choices about how they live their lives because it is paramount to us that people live happy and fulfilled lives.

Case Study

John's Journey to Independence

John* has a learning disability, Autism and profound hearing loss. He was referred to accomplish as a result of his individual needs and his desire for a service that was aimed at meeting his personal outcomes.

Staff at the accomplish Supported Living service in Cornwall supported John to leave hospital and after a comprehensive transition period also enabled him to live in his own home.

When he moved into his home John also had input from a Speech and Language Therapist which enabled accomplish staff to communicate more efficiently with him. Occupational Therapists also advised on assistive technology to help John be more independent, such as installing a flashing light system so he knew when somebody was at the front door.

John has been able to choose his own Support Workers who have specialist training and experience specific to his needs. All accomplish staff receive Autism training and there are regular team meetings held to ensure a consistent approach is used in his support. The team have a strong understanding of how to work well with John and ensure that he is fully involved in his own support. Our Autism Advisor at accomplish has also worked closely with the team to build on their skills.

Staff worked with John to develop his independent living skills such as preparing his favourite meals, going to the shops for his weekly groceries and also shopping for his clothes. They work closely with him to ensure that he can maintain his tenancy and keep safe both at home and in the local community. John enjoys getting out and about by socialising at the local pub, going on train trips and spending time with his family and friends.

John has been happily settled and living in his own home for a number of years. Thanks to the dedication and consistent approach adopted by staff at the accomplish supported Living service in Cornwall his staffing levels have reduced from 3-1 at the beginning to now having some 1-1 support at certain times of the day and 2-1 when he accesses the community. We are so proud of the amazing progress he has made.

* Name has been changed for confidentiality

"Getting to know every one of the tenants and accomplish staff members has made me feel safe, calm, relaxed and ready to join in the fun. It's an absolute pleasure to have my own personal space to live independently in"



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