

Cheshire and Manchester Supported Living



About us

Our specialist Supported Living and Outreach service in Cheshire and Manchester provides support for people with Mental Health needs, Autism, Learning Disabilities and Acquired Brain Injuries.

We understand the importance of providing person-centred support which enables independence and meets individual's needs. Through our outcome focused approach, we support people to maintain choice and control of their own lives.

We meet with each person referred and their family so that we can develop a strong understanding of their life story, any support or communication needs and their personal aspirations. We work in partnership with Local Health Professionals such as social workers, community nurses, and specialists such as Speech and Language Therapists, Physiotherapists and Occupational Therapists.

Person Centred Planning

Our staff support each person to create a person-centred plan that tells us how they want to live their life now and in the future. Through a range of communication tools, we ensure that each person is closely involved in the development of their own plan.

Some examples of how we have supported people include:

- Working towards independence with personal care tasks
- Skills building to manage money
- Travel training to gain confidence and independence
- Learning to stay healthy and exercising
- Support with medication and health appointments
- Discovering new hobbies, getting out and having fun!
- Accessing vocational training and work experience
- Managing correspondence and bills
- Building social skills and expanding social circles
- Access to Independent Advocacy

"We support people to gain confidence while living happy and fulfilled lives."

Our supported living service provides bespoke packages of up to 24-hour support, including overnight support when needed. This can be provided within the family home or a person's own supported tenancy.

Quality

We are passionate about quality and we specialise in supporting people to achieve their full potential. Through empathy, belief and market leading training our focus is to bring out the amazing in everyone. Our commitment to quality is shown in everything we do and every decision we make. We enable people to make choices about how they live their lives because it is paramount to us that people live happy and fulfilled lives.

Case Study

Julie's Supported Living Journey

Julie* is diagnosed with Autism, she stepped down into one of our accomplish Supported Living services in Cheshire after spending a number of years in a residential setting.

Before Julie came to us she struggled with severe self-harming. Staff worked in partnership with Health and Social Care partners including Learning Disability nurses, Psychologists, Psychiatrists, her Social Worker and her parents. The team developed a positive behavioural approach to safe and effective risk management and risk enablement to support Julie to gain greater independence and an improved quality of life.

With support from staff Julie's self-harming has reduced dramatically since she has been with accomplish Supported Living services in Cheshire in terms of both frequency and severity. She is now able to access the community independently at times, has formed friendships with many of the other people we support and is actively involved in tenant forum groups and other activities.

At a recent Multi-Disciplinary Team meeting it was acknowledged by Julie's Community Learning Disability Nurse that accomplish support staff are "professionally, one of the best teams her service has worked with - working in partnership, consistently using the PBS Plan, coming up with new ideas and thinking outside the box".

Julie's confidence has grown and she has been involved with the recruitment of new support staff. She is proud to have her own home and enjoys having people around for parties, charity coffee mornings and dinners. She enjoys healthy eating and is a fantastic cook.

* Name has been changed for confidentiality

"We found people received outstanding personalised care and support. They told us they were involved in all decisions about their care and the service had developed creative means of enabling people to lead as full a life as possible. We saw that people were also supported to work within the wider community and were employed within various organisations."

Quote from the Care Quality Commission about our Cheshire and Manchester Supported Living service.



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