

Cae Deri Gowerton, Swansea



Our Support

Cae Deri provides specialist support for 14 adults with Mental Health needs, who may also have Learning Disabilities or a dual diagnosis. We work with people with varied abilities and needs. Cae Deri can support individuals with a level of complex or challenging needs.

We encourage and motivate each person to feel good about themselves. We support people to gain confidence and do the things that are important to them and ultimately to lead happy and fulfilled lives. We encourage everybody to have a voice about what matters in their lives and our support is focussed on ensuring that their voice is heard about every aspect of their lives. We see active support as a quality measure of the level of involvement that people have in determining their own lives. We are focussed on fun and making Cae Deri a happy place to live.

Person Centred Planning

We provide positive, flexible and encouraging support for everyone. Our person-centred approach, enables people to achieve their goals and aspirations in life. Everyone is encouraged to have belief in reaching their full potential within a safe, nurturing and positive environment.

Our staff support each person to create a person-centred plan that tells us how they want to live their life now and in the future. Through a range of communication tools, we ensure that each person is closely involved in the development of their own plan.

"We enable people to be in control of their own lives and to live more independently."

Recovery Star Model

We use the Recovery Star Model, an outcomes-based measurement tool recognised by the Department of Health. By using the Recovery Star, we are able to support a person's recovery by measuring progress in areas including managing their Mental Health, enhancing living skills, building and maintaining social networks and building self-esteem to maximise independence.

Active Support Model

Staff utilise tools such as the Active Support Model. This is a tool used to ensure people are involved with every aspect of their lives through carefully planned interventions and mentoring which enables development. The Active Support Model is outcomes focused, which allows monitoring of progress towards maximised participation.

Our Clinical Support Team

Our experienced and well trained staff are supported by our Autism Advisor, Clinical Support Nurses, Acquired Brain Injury Advisor and Behavioural Advisors. Their role is to work collaboratively with staff to develop and review support plans and introduce proactive strategies. Working alongside staff teams, they support people at times of extreme challenge or crisis. Our staff team can also access Consultancy Psychiatry, Psychology, Occupational Therapy and SALT support as required.

Specialist support

Each person discusses their likes, interests, goals and aspirations with their Key Worker. These could include starting a college course, having a job, wanting to cook or just having the confidence to go to the shops. Staff support people towards achieving their goals.

We can support people who:

- Are stepping down from a forensic/secure or prison environment
- Are stepping down from a long stay hospital admission
- May be under section 7, 17, 25a, 37, 37/41, 117 of the Mental Health Act
- Are subject to a CTO (Community Treatment Order) or DoLS (Deprivation of Liberty Safeguards)
- Have a personality disorder
- Are subject to MAPPA (Multi-Agency Public Protection Arrangement)
- Have Learning Disabilities

We can provide support with:

- Social and recreational needs
- Vocational retraining
- Personal budget and finance management
- Travel training
- Skills development and re-enablement
- Personal and health care needs
- Respite and outreach support
- Building links with friends, family and the community
- Household tasks
- Access to independent advocacy

“Being supported by accomplish has enabled me to gain valuable life skills and to access the wider community independently. Particularly in recent months through Travel Training, which has made me less reliant on staff support in the community.”

Accommodation

Set in the heart of the local community of Gowerton, a quiet village in Swansea. Cae Deri has recently been refurbished throughout and has spacious, communal environments for social interaction, balanced with privacy and personal space for everyone. The accommodation consists of five studio apartments and nine en-suite bedrooms. The studio apartments are designed to promote independence for individuals who are ready to step down to the next level of independence, but who also continue to require support to manage their needs.

Transitional Support Model

This specialist support model offers people a carefully planned and risk managed independent pathway, within a residential setting. This model is proven to be successful in providing a rehabilitation, focused transition from residential services towards independence or community supported living services.

Progression Pathway

Our studio apartments offer a clear progression pathway, within a residential support setting. The pathway offers an opportunity for self development and maximum personal growth, regardless of complex health and social care needs. The transitional apartments provide a private space for staff to enable skill development or coaching sessions. People can trial independence in a setting which has 24 hour staffing available, to assist with development of their life skills.

We feel that the creation of our semi independent transition studio apartments, enables people who want to live more independently, take those first steps to greater independence within a safe, risk managed environment.

