

Bryn Irfon Llanwrtyd Wells, Powys



Our Support

At Bryn Irfon we provide residential support for eight adults with Learning Disabilities, challenging needs and individuals with communication difficulties. We can also support people who may have Mental Health needs. We work with people with varied abilities and needs. We encourage and motivate each person to feel good about themselves. We enable people to gain confidence and do the things that are important to them and ultimately to lead happy and fulfilled lives.

We encourage everybody to have a voice about what matters in their lives and our support is focussed on ensuring that their voice is heard about every aspect of their lives. We see active support as a quality measure of the level of involvement that people have in determining their own lives. We are focussed on fun and making Bryn Irfon a happy place to live.

Maximising potential

It is important to us to respect individual's needs, interests, views, hobbies and lifestyle. Everyone is supported to access a wide range of activities both at home and in the local community. We work with people to support them to build their futures and achieve their aspirations. Each person discusses their likes, interests, goals and aspirations with their Key Worker. These could include attending workshops of interest, having a job, wanting to cook or just having the confidence to go to the shops. Staff support people towards achieving their goals.



Person Centred Planning

We provide positive, flexible and encouraging support for everyone. Our person-centred approach, enables people to achieve their goals and aspirations in life. Everyone is encouraged to have belief in reaching their full potential within a safe, nurturing and positive environment. Our staff support each person to create a person-centred plan that tells us how they want to live their life now and in the future. Through a range of communication tools, we ensure that each person is closely involved in the development of their own plan.

Active Support Model

Staff utilise tools such as the Active Support Model. This is a tool used to ensure people are involved with every aspect of their lives through carefully planned interventions and mentoring which enables development. The Active Support Model is outcomes focused, which allows monitoring of progress towards maximised participation.

Quote from a Parent

"We visit Bryn Irfon regularly to visit our son who is very well looked after by all the staff. We travel three hours there and back on the same day and we are greeted by all the staff on arrival and also the other residents which makes the home a proper family environment. If there are any issues the manager or staff contact us by phone immediately. So we thank them all for the excellent care he is given".



Positive Behaviour Support

Our Behaviour Advisors are trained in the positive principles of Studio Three behavioural management techniques. Their role is to work collaboratively with staff to develop and review positive behaviour support plans and introduce proactive strategies. Working alongside staff teams, they support people at times of extreme challenge or crisis. They are trained to undertake B-BAT assessment (Brief Behavioural Assessment Tool) and work closely with the people they support to establish their individual needs and aspirations.

Support We Provide

- Social and recreational needs
- Vocational retraining
- Personal budget and finance management
- Skills development and re-enablement
- Personal care and health needs
- Outreach support
- Building links with friends, family and the community
- Household tasks
- Travel training provided to people wishing to increase their independence and confidence in accessing the community
- Access to independent advocacy
- Positive behaviour management strategies

Accommodation

Bryn Irfon is situated in Llanwrtyd Wells which prides itself on being Wales' smallest town with many big events, including the world alternative games, bog snorkelling and the man v horse marathon.

Bryn Irfon has 8 bedrooms, over 2 floors, with 6 of these rooms being en-suite. Downstairs there is a communal bathroom, laundry room, dining room, lounge area with TV, conservatory and kitchen. We have a large established garden where everyone has their own planter and 2 summerhouses for extra activities.

"We believe in enabling people to live fulfilled lives, their way"



Case Study

Luke* has Epilepsy and severe Learning Disabilities. He lived with his family until he was 19 years old, at which time his parents felt that they could no longer manage the challenging behaviours he was displaying. Luke can also find it difficult to tolerate others, becoming easily frustrated and impatient. Since coming to Bryn Irfon Luke has had support to manage his epilepsy and as a result he has been seizure free for over a year. Luke has also had clinical and behavioural support with strategies put in place to help him cope with his challenging behaviour. This has created opportunities for Luke to participate in all aspects of his life and the risks of an incident taking place have been dramatically reduced.

Luke now has the ability to remain calm in situations that previously might have caused anxiety and frustration such as waiting for an activity to begin. He now enjoys a variety of activities, including a dance workshop. He has also experienced a trip in a helicopter and is planning another one. Luke says he loves living in Bryn Irfon, he is over the moon, with the things he gets to do.

* Name has been changed for confidentiality