

Autism Residential Services



We provide specialist support for people with Autism, Learning Disabilities, Mental Health needs and Acquired Brain Injuries. Our therapeutic, residential and supported living services support over 1,000 people across England and Wales.

Support

When we meet an autistic person, we know that by listening to them, their friends and family, we will increase our understanding of how to support them. This helps us build an Autism Profile with each person.

We encourage people to gain self-awareness and increased understanding of their Autism. The support we provide makes the most of the gifts and skills their Autism can bring as well as seeking to reduce the difficulties each person may face.

We support people to gain confidence and do the things that are important to them and ultimately to lead happy and fulfilled lives.

Our experienced and well trained staff are supported by our Autism Advisor, Communication Development Workers, Psychologists, Clinical Support Nurses and Behaviour Advisors. The team has a wealth of knowledge and experience working with autistic people.

We understand that people may feel anxious about change. We ensure that each person has a transition plan which includes pre-visits, personal information booklets, photos, maps, timetables, social stories and schedules to ensure everyone feels welcome as well as comfortable.

Quality

We are passionate about quality and we specialise in supporting people to achieve their full potential. Through empathy, belief and market leading training, our focus is to bring out the amazing in everyone.

Our commitment to quality is shown in everything we do. We enable people to make choices about how they want to live their lives because our priority is that people live happy and fulfilled lives.

Our strategy is to enable our staff and the autistic people we support to move from an awareness of Autism, to working in Autism friendly ways and then onto Autism intelligent practice. We recognise this takes time and that learning is ongoing.



Our Autism Services

We recognise the importance of the local community and people we support with Autism becoming familiar with local places so they feel comfortable when out in their community. We know that many autistic people want and need space to be alone. We ensure that everyone has their own private and personal space as well as encouraging social interaction.

Bethany Lodge, Worcester

Bethany Lodge is a large seven bedroom service in Worcester. There is a combination of en-suite rooms and studio apartments and there is excellent access to local facilities.

Cranwell Court, Wyboston

Cranwell Court is located in the village of Wyboston in Bedfordshire. This service has six en-suite bedrooms and two flats which are used to support people as part of the care pathway into supported living.

Elm House, Eynesbury

Elm House is located near St. Neots town centre in Bedfordshire. It has five en-suite bedrooms and considerable communal space. One of the bedrooms is a studio flat which is used as part of the care pathway into supported living.

Eynesbury House and The Mews, Eynesbury

Eynesbury House is located in St. Neots, Bedfordshire. There are nine bedrooms all with en-suites. The Mews is a three bedroom annexe for people who need less staff support.

Fairford Court, London

Fairford Court is situated in Friern Barnet, in a bustling part of north London. It is a large modern property. There is a communal lounge, kitchen and dining area and eight bedrooms.

Ganwick House, Barnet

Ganwick House is located in North Barnet and offers the benefit of rural environment with all the amenities and facilities of the nearby town. This all male service has eight en-suite bedrooms and supports people with Autism and severe Learning Disabilities.

Honeybrook House, Kidderminster

Honeybrook House is a beautiful Georgian property set in three acres of grounds on the outskirts of Kidderminster. The service has one self contained flat with its own entrance and nine en-suite bedrooms as well as an additional kitchen which is used for developing independent life skills.

Kemble House, London

Kemble House is in lively Friern Barnet and is a beautiful fifteen bedroomed, grade two listed three storey home. There are easy access routes to London and out to the countryside.

Manor Farm, Abbotsley

Manor Farm Life Skills Centre is located in a rural setting providing a peaceful environment for people aged between 16 and 25. This large converted farmhouse, has nine en-suite bedrooms and lots of nearby amenities.

Oakley House, Eaton Socon

Oakley House is located in St. Neots, Bedfordshire. All eight bedrooms have en-suite facilities and there is lots of communal space including a computer room.

Pathway House, Wyboston

Pathway House is located in the village of Wyboston in Bedfordshire. This is a twelve bedroomed service that can be easily split into two, six bedroomed services if required. There are two open access kitchens and lots of communal space.

Pinetrees, Northampton

Pinetrees is a service in Dallington, Northamptonshire, which is conveniently located near local amenities. There are four spacious flats one of which has its own entrance and two ground floor en-suite bedrooms.

Rose Cottage, Ammanford

Rose Cottage is situated in Gwaun Cae Gurwen, a small village on the outskirts of Ammanford. There are five bedrooms and communal space, including a sensory room.

Rosewood, Swansea

Rosewood is situated in Cwmllynfell, in attractive, rural South Wales. Only a 15 minute drive from Swansea it has four en-suite bedrooms, one of which has its own lounge.

Sheridan House, Sandy

Sheridan House is a large Edwardian House located in Sandy in Bedfordshire. It is within easy walking distance of lots of local community amenities. All nine bedrooms have en-suite facilities.

Wyboston Lodge, Wyboston

Wyboston Lodge is located in the village of Wyboston in Bedfordshire. This service provides support for four adults with a dual diagnosis of Autism and severe Learning Disabilities.



Specialist Support

Each person we support liaises with their keyworker to discuss their likes, interests, goals and aspirations. These could include starting a college course, having a job, wanting to cook or just having the confidence to go to the shops. Staff support people towards achieving their goals. This may require social stories, education on social rules, understanding body language and facial expressions.

Practical skills support:

- Independent living
- Self-care
- Accessing college courses
- Food preparation
- Shopping
- Budgeting
- Support to find a meaningful job

Jane's Understanding of her Autism

Jane knew very little about her Autism diagnosis when she first moved in, but together with her key worker she began to produce a profile of herself and her Autism. For the first time in her life Jane started to understand why she asked the same questions repeatedly. She liked to hear the predictability of the answers.

Patterns and predictability are the main way that Jane makes sense of her life, she wants and needs them. Discovering this was significant for Jane in gaining control over the anxiety she can sometimes experience, if she does not get the same answers. Jane likes to share her Autism profile with new members of staff to ensure they understand her and her Autism.



"Being supported by accomplish has enabled me to gain valuable life skills and to access the wider community independently - particularly in recent months through Travel Training, which has made me less reliant on staff support in the community".

Autism friendly interventions:

- Using clear and unambiguous language.
- Giving good structure to a meaningful day – meaningful to each person.
- Offering visual support to aid communication.
- Social stories to gain a perspective on how other people think.
- Regular exercise as part of a positive predictable routine.
- Support for sensory processing differences and difficulties.

Transition Support

We can support young people who are leaving school or college and setting out in adult life. The move into adult life is a challenge for most people and for an autistic person it can be extremely frightening.

We work with each person to develop a transition plan which ensures that at least some parts of the move are known and understood and that some of them become predictable in order to reduce any fear and anxiety. Transition is about making choices about the future and we provide a range of services tailored to each person's needs.



The Spectrum Star

We helped to develop the industry standard tool, called the Spectrum Star (a measurement tool for individuals living with Autism). The Spectrum Star highlights each person's abilities and areas in which extra support is needed. The Spectrum Star is completed with the person we support and then reviewed every six months to show progress in the nine key areas.

Our Care Pathway

Therapeutic

At Lakeside, we support people to progress through the complete care pathway. We work to actively support people to transition to residential and supported living services.

Residential

We have a range of residential services which are tailored to meet the needs of each person who lives there. We work with people to develop their support plan which is unique to their needs.

Supported Living

Our supported living services enable people to live independently in the community, in their own homes or in a supported tenancy. From one hour a week to 24 hours a day plus overnight support if required. We believe that our supported living services are not just for people who are more independent, anyone can live in their own home with the right support.

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