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### **About Us**

Eilat is a clinically led rehabilitation and longer term support service specialising in the support and treatment of adults with acquired brain injury and degenerative neurological conditions, promoting inclusion, wellbeing and choice for all.

We provide expert focused, goal directed rehabilitation and longer term care within a residential setting and where appropriate determine needs for reintegrating individuals into the community. This is achieved by a graded exposure to aid preparation, learning and practicing of strategies to support transition and to provide recommendations for independent living. We also have access to a Dorset supported living service that can offer seamless transition to a more independent care setting.

Eilat provides a goal focussed and person centred approach that ensures that the individual is involved at every stage of the process using structured individual targets.



### **Support Type**

Acquired Brain Injuries

### Capacity

7 Adults

#### Gender

Mixed

#### Location

Eilat, 106 Lowther Road,
Bournemouth, Dorset, BH8 8NS

#### Accommodation

High-spec communal lounge and kitchen areas. Rear garden.



### Location

Eilat is set in a quiet residential area in Charminster, Bournemouth, offering a balance of comfort, convenience, and community connection. The home benefits from being close to a variety of local amenities including shops, cafés, and restaurants, providing plenty of choice for day-to-day needs as well as opportunities for social outings.

Excellent transport links are available, with a bus stop just 50 yards from the home, giving easy access to Bournemouth town centre, the seafront, and surrounding areas. A leisure centre is also nearby, offering sports and fitness facilities to support an active lifestyle.

This combination of peaceful surroundings and nearby amenities makes Eilat an ideal location for both relaxation and engagement with the wider community.

## **Ethos and Values**

Accomplish's Eilat Residential service is part of Keys Group, a family of care and support providers who share a common goal of delivering the best outcomes for those who choose our care.

At Eilat in Bournemouth, we embody the EPIC values of Excellence, Passion, Integrity, and Caring.

Our **excellence** drives us to achieve the highest standards of learning, development, and performance in all that we do.

Our **passion** for delivering the best outcomes for those in our care is evident in our ambitious and committed approach to care and support.

Our **integrity** and transparency in our work is reflected in our honest and transparent communication and sharing of results and learnings.

Our **caring** approach is centred on showing compassion and empathy, placing those in our care at the centre of all that we do, and always putting the people we support at the heart of all our actions.



Eilat offers both shared and private living spaces, including two communal lounges and two dining areas where individuals take part in creating menus, shopping, and preparing meals.

The bedrooms are spacious with en-suite shower rooms, and ground floor rooms are designed to meet the needs of people with mobility difficulties. Adaptations can be made to suit individual requirements. The home also has a large rear garden with space for rehabilitation activities, as well as an organic vegetable patch and composting areas, encouraging a healthy and sustainable lifestyle.

# **Putting the Individual First**

Person centred planning and approaches are central to our service delivery and everyone we support is fully involved. Everyone living here plays a large part in the development of the service, how it looks, how it feels and how it operates.

We focus on the individual and their needs and choices remain at the heart of all of our therapies and activities. Our staff will encourage and motivate people without compromising their privacy or dignity and enable them to increase their own levels of independence. Each person living at Eilat has differing activities and routines which are individual to their personal aspirations and choices.





# The Support We Provide

Working closely with individuals, their families, the community brain injury team, and other local services we ensure all individuals are supported to achieve the best quality of life.

We achieve this through the use of individual support plans enabling people to maximise their potential wherever possible.

With our own Clinical Specialist Occupational Therapist we are able to offer evidence based assessment and treatment programmes designed to meet the complex needs of the individual. This also involves close collaboration with other clinical specialists to enable multidisciplinary working.

An emphasis is made on community integration, and vocational opportunities with strong links with Headway Dorset and the local NHS community brain injury team.

Individuals have access to a wide range of individual and group opportunities both within the home and outside which are designed to meet both their needs and preferences.

Rehabilitation and maximising independence will often occur in real world settings, such as visits to nearby shops and amenities, travelling on public transport or going on excursions in the local area.

Through assessment and involvement of the individual and their family and/or key representatives in goal setting, the team work closely to enable the individual to be involved in re-learning life skills such as cooking, shopping, budgeting and accessing public transport. Leisure and recreational opportunities also remain an integral part of each person's life and we focus on re-establishing a positive routine and creating a healthy work/life balance.

Our skilled team comprises of the Home Manager, the Clinical Lead Occupational Therapist and an experienced team of highly motivated and professional rehabilitation support staff. We are committed to employing experienced rehabilitation support workers who can evidence a person centred approach, commitment, enthusiasm, self-motivation and a willingness to undertake training to enhance existing skills and knowledge.

All staff have or are working to a minimum NVQ/QCF Level 2 in Health & Social Care. The Registered Manager has QCF 5 qualifications in Health & Social Care and Leadership and Management.



## **Summary & Contact Details**

If someone you are supporting could benefit from joining us at Eilat we invite you to contact us today.

Eilat, 106 Lowther Road
Bournemouth, Dorset
BH8 8NS

7 Ensuite Bedrooms18 - 65 years oldMixed Gender

Contact: **0121 728 7800** (Referrals)

Find out further details or to send us a support referral: referrals@accomplish-group.co.uk

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